



with Carob



With greek carob

source of protein and copper
rich in manganese

Whole Wheat Pasta with Carob rigatoni



The carob is an evergreen tree that thrives in the Mediterranean climate, enhancing the sustainable agriculture. In Greece it is found mainly in the island areas.

The carob flour is produced by the roasting and grinding of carob fruits and thanks to the natural sugars it contains, it has a sweet taste that resembles to cocoa.

Melissa Whole Wheat Pasta with carob is **rich in manganese and a source of protein and copper**. Combined with a balanced diet and a healthy lifestyle, protein and manganese **help maintain normal bones**, while copper **helps the immune system to function normally**.



source of
protein



source of
fibre



low fat

